

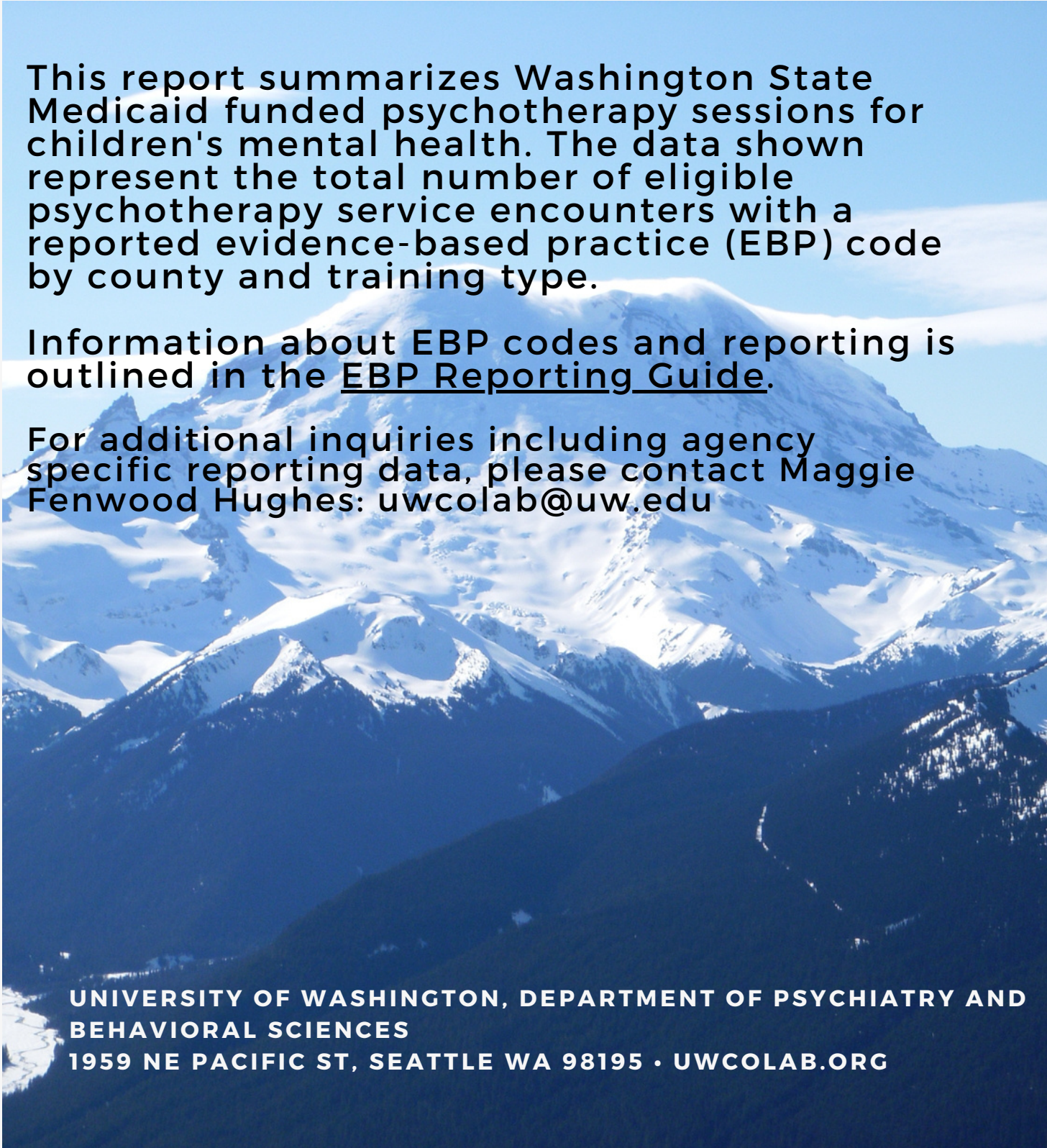


QUARTER TWO 2021

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

**UNIVERSITY OF WASHINGTON, DEPARTMENT OF PSYCHIATRY AND
BEHAVIORAL SCIENCES
1959 NE PACIFIC ST, SEATTLE WA 98195 • UWCOLAB.ORG**

TABLE 1: ELIGIBLE CLIENTS THAT RECEIVED A REPORTED EBP PSYCHOTHERAPY SERVICE ENCOUNTER BY COUNTY

County	Total Eligible Clients that received psychotherapy	Number of clients that received any documented EBP psychotherapy services	Percent of Clients Received any EBP psychotherapy Services
Adams	98	0	0%
Asotin	108	1	1%
Benton	847	117	14%
Chelan	518	49	9%
Clallam	322	0	0%
Clark	2,623	38	1%
Columbia	22	1	5%
Cowlitz	909	4	0%
Douglas	283	31	11%
Ferry	32	1	3%
Franklin	424	41	10%
Garfield	9	0	0%
Grant	722	10	1%
Grays Harbor	238	11	5%
Island	173	3	2%
Jefferson	107	1	1%
King	4,741	660	14%
Kitsap	681	0	0%
Kittitas	192	139	72%
Klickitat	99	34	34%
Lewis	452	1	0%
Lincoln	82	1	1%
Mason	267	5	2%
Okanogan	197	3	2%
Pacific	99	3	3%
Pend Oreille	66	2	3%
Pierce	3,195	89	3%
San Juan	28	0	0%
Skagit	481	3	1%
Skamania	39	1	3%
Snohomish	2,131	63	3%
Spokane	4,010	687	17%
Stevens	252	9	4%
Thurston	904	61	7%
Wahkiakum	27	0	0%
Walla Walla	269	56	21%
Whatcom	800	45	6%
Whitman	137	0	0%
Yakima	1,870	1,222	65%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q2 2021)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q2, 2021 = 13,685

EBP Code	EBP Code description	Number of agencies reporting with EBP code (Q2 2021)	Total reported EBP sessions for each code (Q2 2021)
860004000	Behavioral Parent Training (BPT) for Children with ADHD	2	6
860016000	Cognitive Behavioral Intervention for Trauma in Schools	1	22
860035000	Coping Cat	2	20
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	9	232
860073000	Incredible Years Parent Training	3	75
860085000	Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC)	1	18
860091000	Multimodal Therapy (MMT) for Children with ADHD	2	43
860136000	Trauma Focused CBT for Children	17	1112
860137000	Trauma Grief Component Therapy	1	16
860140000	Triple-P Level 4, Individual	2	130
860148000	Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	19	3108
860151000	Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	31	4120
860153000	Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	25	2773
860155000	Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	20	1266
860157000	Coping Cat/Koala Back Based Model	1	20
860159000	Coping with Depression – Adolescents	2	60
860160000	Dialectic Behavior Therapy (DBT)	6	275
860164000	Choice Theory/Reality Therapy	1	4
860171000	Helping the Non-compliant Child	1	2
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	2	110
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	6	232
860187000	Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	6	38
860013000	Classroom-based intervention for war-exposed children	1	1